



## 2023 WVYFC WEEKLY WEIGHT TABLE

*Weekly weight Limits (in pounds) per division including Gear Allowance.\**

<b>K/1 DIVISION</b>		
<i>DATE</i>	<i>WEEK</i>	<i>WEIGHT LIMIT</i>
9/17	1	98
9/24	2	99
10/1	3	100
10/8	4	101
10/15	5	102
10/22	6	102
10/29	7	102

<b>2/3 DIVISION</b>		
<i>DATE</i>	<i>WEEK</i>	<i>WEIGHT LIMIT</i>
9/17	1	118
9/24	2	119
10/1	3	120
10/8	4	121
10/15	5	122
10/22	6	122
10/29	7	122

*\*K/1 & 2/3 are allowed a 8lb gear allowance at Team Check-in.*

<b>4<sup>th</sup> GRADE DIVISION</b>		
<i>DATE</i>	<i>WEEK</i>	<i>WEIGHT LIMIT</i>
9/10	1	139
9/17	2	140
9/24	3	141
10/1	4	142
10/8	5	143
10/15	6	143
10/22	7	143
10/29	8	143

<b>5<sup>th</sup> GRADE DIVISION</b>		
<i>DATE</i>	<i>WEEK</i>	<i>WEIGHT LIMIT</i>
9/10	1	159
9/17	2	160
9/24	3	161
10/1	4	162
10/8	5	163
10/15	6	163
10/22	7	163
10/29	8	163

*\*4th & 5th are allowed a 9 lb gear allowance at Team Check-in.*

**NOTE: 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> GRADE DIVISIONS ARE OPEN WEIGHT DIVISIONS AND DO NOT WEIGH-IN. THERE ARE PREGAME TEAM CHECK IN PROCEDURES.**

See back for weigh-in procedures.